

DRS. SIDDIQUI, CUNNINGHAM & HALL

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National Data Opt Out

How the NHS and care services use your information

Sidney House and The Laurels Surgery are one of many practices working in the health and care system to improve care for patients and the public).

Whenever you use a health or care service, such as attending Accident & Emergency or using Community Care services, important information about you is collected in a patient record for that service. Collecting this information helps to ensure you get the best possible care and treatment.

The information collected about you when you use these services can also be used and provided to other organisations for purposes beyond your individual care, for instance to help with:

- improving the quality and standards of care provided
- research into the development of new treatments
- preventing illness and diseases
- monitoring safety
- planning services

This may only take place when there is a clear legal basis to use this information. All these uses help to provide better health and care for you, your family and future generations. Confidential patient information about your health and care is **only used** like this where allowed by law.

Most of the time, anonymised data is used for research and planning so that you cannot be identified in which case your confidential patient information isn't needed.

You have a choice about whether you want your confidential patient information to be used in this way. If you are happy with this use of information you do not need to do anything. If you do choose to opt out your confidential patient information will still be used to support your individual care.

To find out more or to register your choice to opt out, please visit www.nhs.uk/your-nhs-data-matters. On this web page you will:

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- See what is meant by confidential patient information
- Find examples of when confidential patient information is used for individual care and examples of when it is used for purposes beyond individual care
- Find out more about the benefits of sharing data
- Understand more about who uses the data
- Find out how your data is protected
- Be able to access the system to view, set or change your opt-out setting
- Find the contact telephone number if you want to know any more or to set/change your opt-out by phone
- See the situations where the opt-out will not apply

You can also find out more about how patient information is used at:

<https://www.hra.nhs.uk/information-about-patients/> (which covers health and care research); and

<https://understandingpatientdata.org.uk/what-you-need-know> (which covers how and why patient information is used, the safeguards and how decisions are made)

You can change your mind about your choice at any time.

Data being used or shared for purposes beyond individual care does not include your data being shared with insurance companies or used for marketing purposes and data would only be used in this way with your specific agreement.

Health and care organisations have until 2021 to put systems and processes in place so they can be compliant with the national data opt-out and apply your choice to any confidential patient information they use or share for purposes beyond your individual care. Our organisation is currently working towards compliance with the national data opt-out policy.

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You can opt out by the following methods:

Using the online service

You can set your own opt-out choice by visiting www.nhs.uk/your-nhs-data-matters using any internet enabled device. So that the service can confirm your identify, you will need to provide:

- their NHS number, or their postcode (as registered with the GP practice)
- their mobile phone number or email address provided previously at a GP practice or other NHS service

The online service is available 24 hours a day, 7 days a week.

Using the NHS App

Log in to the [NHS App](#) using NHS login can set a national data opt-out using the app.

Using the telephone service:

Call 0300 303 5678.

The telephone service is available 9am to 5pm, Monday to Friday, apart from on English bank or public holidays.

Using 'print-and-post'

If you are unable to use the online or telephone service, or would prefer not to, you can complete a paper form and post it.

The form can be downloaded from www.nhs.uk/your-nhs-data-matters or requested by calling the telephone service on 0300 303 5678

Confirmation

During the process of setting their opt-out choice, the patient can choose their preferred communication method:

- email
- SMS text
- Letter

Once the process has been completed, the patient will receive a confirmation that their national data opt-out choice has been set.

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